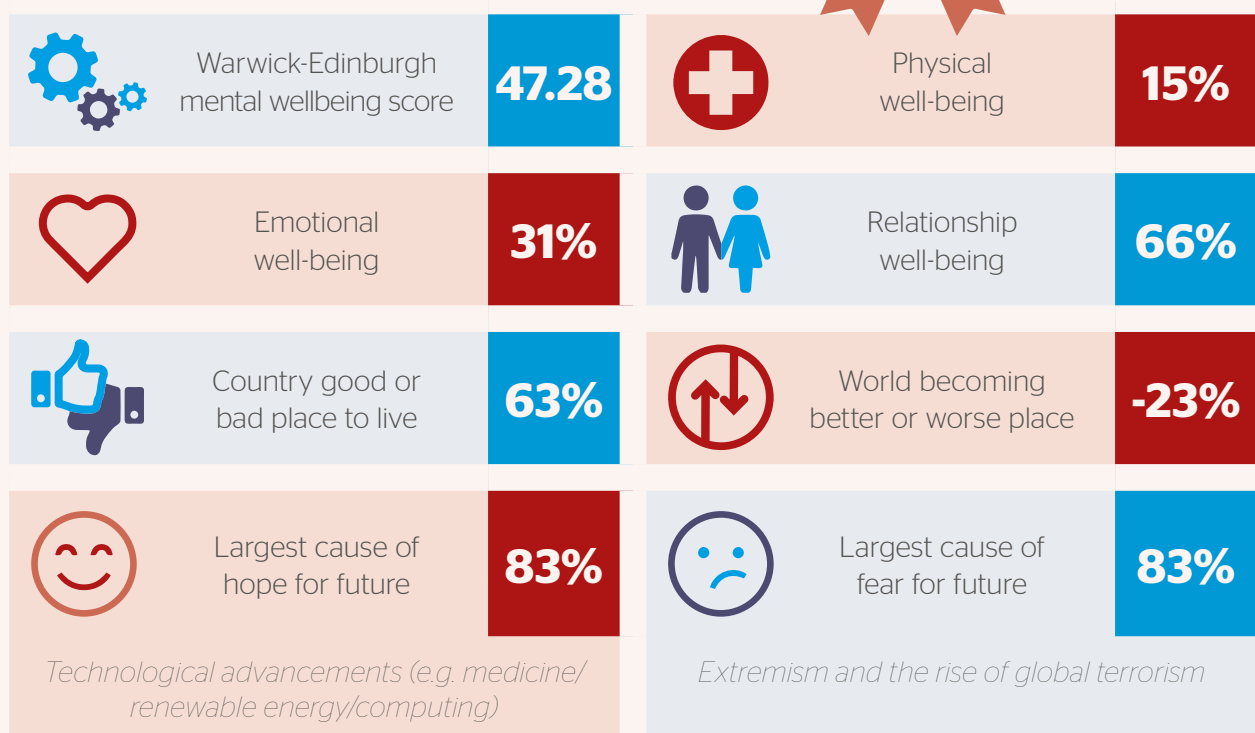




UNITED KINGDOM

Net happiness score (%)



Key stats

- Young people in the UK have the second lowest mental wellbeing out of twenty major countries – with only Japan ranking lower. Just 15% of young people have good physical wellbeing – and feel they get enough sleep, exercise regularly and devote enough time to rest and reflection.
- More young people in UK think that the government should make it easier (31%) rather than more difficult (26%) for immigrants to live and work legally there.
- Young people are among the least likely (58%) in the survey to think it is important to contribute to wider society beyond themselves and their family and friends.