

NIGERIA

Net happiness score (%)





Warwick-Edinburgh mental wellbeing score



Physical well-being

41%



Emotional well-being



Relationship well-being

66%



Country good or bad place to live





World becoming better or worse place

28%



Largest cause of hope for future

93%

Largest cause of fear for future

97%

Greater and easier communication between people throughout the world

Extremism and the rise of global terrorism

Key stats

- Young people in Nigeria are the joint most positive (with Canada) about their country of the 20 nations polled. 87% describe it as a "good place to live".
- 97% of young people in Nigeria said that the factor that made them fearful for the future was extremism and the rise of global terrorism much higher than any other country polled.
- Nigeria had the highest proportion of young people who have good physical wellbeing
 who typically feel that they get enough sleep, exercise regularly and devote enough time to rest and reflection (41%).