











# ISRAEL

Net happiness score (%)



	Warwick-Edinburgh mental wellbeing score	<b>53.92</b>		Physical well-being	<b>8%</b>
	Emotional well-being	<b>38%</b>		Relationship well-being	<b>66%</b>
	Country good or bad place to live	<b>55%</b>		World becoming better or worse place	<b>-2%</b>
	Largest cause of hope for future	<b>83%</b>		Largest cause of fear for future	<b>82%</b>
<i>Technological advancements (e.g. medicine/ renewable energy/computing)</i>			<i>Extremism and the rise of global terrorism</i>		

## Key stats

- Young people in Israel are some of the happiest (73%) and report some of the highest levels of wellbeing (53.92).
- Israel had the lowest proportion of young people who have good physical wellbeing - who typically feel they get enough sleep, exercise regularly and devote enough time to rest and reflection (8%).
- Young people in Israel were sceptical about legal migration. A net score of -19% shows that more young people thought that Israel should make it more difficult, rather than easier, for legal migrants to live in their country - more than any country apart from South Korea.