

Video Lesson Guide: Setting Goals and Being a Role Model

Program 65: Life Skills, African Women Making a Difference, Segment 1 – Halima, Journalist

- 1. Introduction:** Explain that you want to play a video about **Halima Kahiye**, the station manager of Wajir Community Radio in Wajir County. Halima is a journalist who uses the power of radio to help bring peace, education and development to her community and to promote girls' education.
- 2. Pre-Viewing Discussion:**
Ask students to meet in pairs and discuss the following:
 - What are some barriers to girls' education in our community?
 - Ask students if they know what a "role model" is and give further explanation if needed.
 - Explain that they will hear Halima talk about being a role model and another woman will talk about how Halima has been a role model for her.
- 3. Viewing:** Play Halima's story (16:00 - 21:40) and pause at the following points:
 - 17:18:** "Our logo is Voice for the Voiceless". What does it mean to be voiceless? Do you ever feel voiceless? If yes, explain?
 - 20:38:** Halima said, "They are going to educate a lot of girls because they have seen that educating a girl is educating a whole nation." What does it mean? Is it true? How do girls and women contribute to your family and the nation?
 - 17:55 – 19:00:** Here, we learn about Halima's life and her education. What do we learn?
 - 19:00 – 19:52:** What barriers to girls' education does Halima mention? (Poverty and Culture; Halima does not state "poverty" overtly, but speaks of poor parents marrying daughters early. Note the connection between early marriage, cultural expectations of girls, and poverty.) Ask, are these the same barriers in our community? What barriers did you list when you talked before the video? How can we work together to overcome these barriers? Who can help us?
 - 19:30 – 19:52:** What advice does Halima give to girls in Wajir? ("Study hard, work hard and you can be a role model in Wajir county!"). Do you think girls can be role models in your community? If so, how?
- 4. Post –Viewing:** Work on one of the following activities:
 - Activity 1:** Halima chose a career in radio. We know that she studied hard to get there? In order to achieve her dream, she had to work hard and move step by step to her goal. Work on goal setting using the following template as a guide.

Goal Setting: My Pathway to Success

Sample Student Activity Sheet

Name _____ Date _____

MY LONG-TERM GOAL

HOW WILL I GET THERE? (MY SHORT-TERM GOALS)

WHO CAN HELP ME?

HOW WILL I MEASURE MY PROGRESS? BE SPECIFIC.

If you are able to, arrange a trip to a local radio station to learn more about a career in radio and the power of radio to be a “voice for the voiceless”. If a trip is not possible, you may be able to invite a radio host / presenter to meet with your class and talk about a career in radio.

Activity 2: I am a role model/I can be a role model.....

Remind students about Halima as a role model in Wajir. Tell them they do not have to wait to be an adult to be a role model. For example, a Class 7 student can be a role model for a Class 4 student. You may feel you are already a role model or you want to be a role model for others in your future.

I am a role model

I help.....

I am.....

I believe.....

I am a future role model

I am going to.....

I will

I will be.....